

# 5 QUICK TIPS TO JUMP OUT OF ART BOREDOM



You've been an artist for a long time. Perhaps you've even been busy as an artist for a long time. But for some reason, you can't work up the same sort of enthusiasm for art that you used to. In other words, you're bored with your subject, your medium, or your art in general...So, what do you do?

## **Try something new in your chosen medium:**

You can get as fancy and involved as you wish, or keep things simple. The key is to learn something new. There are enough drawing exercises available to keep an artist busy for three or four months. But you know what? It has taken the pressure off drawing and given a reason to spend as much time as possible drawing without having "to produce."

## **Try creating in a very different style:**

If you usually paint large, then try a miniature. If your art is usually detailed and realistic, then paint an abstract or two. Or maybe something in the impressionist style. Do small, quick studies instead of complete paintings. Or try timed drawings. Draw as quickly as you can for fifteen minutes, then call that sketch done and move on to the next.

## **Try a new medium:**

Trying something new with your current medium may not work for you. You might need something more involved, or more outside the box...like a new medium, perhaps. For example, if your work is usually quite controlled and your favourite mediums reflect that, then try a medium that makes control more difficult. A medium with a mind of its own. Watercolour comes immediately to my mind. If you're a 2D artist, try something 3D or vice versa.

## **Fingerpaint:**

Do you remember how much fun that was? If you're bored with your life as a professional artist, then slip back into kid-mode and make art like you once did. Messy. Usually big. Bright. Colourful. Spontaneous. Go back to whatever it was that got you hooked on art in the first place. Spend some time there and see if the joy doesn't return!

## **Just take a day or two off:**

Put away those supplies, close that studio door and take a few days to relax. Do something for fun.. It's best if you block out the time in advance. That gives you the opportunity to finish everything that needs to be finished.

# ARTIST OF THE MONTH

# AUGUST 2022



S.A. Vennila  
Age 01-05



Nila K  
Age 01-05



Jahnvi C  
Age 06-10



Meera S  
Age 06-10



Aarav T  
Age 11-15



Nayantara S  
Age 11-15



Anuratna B  
Age 16-18



Kuhu K  
Age 16-18